

DIAGNOSTIC PAIN PROCEDURE - DIARY

LATERALITY:

- Right Left Bilateral

PROCEDURE PERFORMED:

- Medial Branch Nerve Blocks for facets: _____
- Knee – genicular nerves
- Shoulder – articular branches of:
- Suprascapular
 - Axillary
 - Lateral Pectoral

PAIN DESCRIPTION & LOCATION: _____

Pain Level 0 – 10 (0 = NO pain; 10 = worst pain)

Please remember to attempt aggravation BEFORE injection and AFTER (if given relief) injection

Day of Injection: report pain on a scale of 0-10

Immediately before _____

30 minutes after _____

1st hour after _____

2nd hour after _____

3rd hour after _____

Evening time _____